



SAINT MARY'S COLLEGE

Reasons to study abroad:

- Personal Growth
- Resume Building for Professional Life &/or Grad School
- Language Acquisition
- Develop Intercultural Sensitivity
- Acquire a global perspective
- Meet interesting new people

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Abroad Installments

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Scholarship Information

SCHOLARSHIP TIPS

STEP I: PLAN EARLY

Funding resources are available to qualified students pursuing study abroad; however, students need to plan early. When applying for grants and scholarships there are often requirements, such as evidence of extra-curricular activities, letters of reference, and writing samples, all of which entail additional time to complete.

STEP II: REVIEW FINANCIAL AID PACKAGE

For students participating in a Saint-Mary's sponsored program, most of your financial aid, package, loans, grants, and scholarships can be applied to your semester/year abroad. Students participating in non-Saint Mary's sponsored programs will, in most cases, only have their federal aid applied. Financial aid is not available for summer programs; however, Saint Mary's students may apply for alternative loans, as well as Intercultural Learning Grants, and study-abroad scholarships.

STEP III: APPLY FOR AN INTERCULTURAL LEARNING GRANT

Two types of grants are awarded each semester from CWIL to support the intercultural experiences of Saint Mary's students—individual student intercultural learning grants and grants for study abroad on a Saint Mary's program.

STEP IV: APPLY FOR EXTERNAL SCHOLARSHIPS

The Office of International and Intercultural Learning has gathered a list of some of the local, regional, and national scholarships available to students studying abroad. Also feel free to stop by the study abroad resource library for additional assistance in applying for these opportunities.

STEP V: COMPLETE A MONEY MANAGEMENT WORKSHEET

"Strategies for Financing Study Abroad" is a general worksheet designed for students intending to study abroad. This exercise encourages students to increase money management skills while staying abroad.

Study Abroad Scholarships

Benjamin A. Gilman International Scholarship-<http://www.iie.org//programs/gilman/index.html>

Deadlines: Fall- April 3; Spring-September 26

Freeman-Asia Grant-<http://www.iie.org/programs/freeman-asia/>

Deadlines: Summer 2007-March 7, 2007; Fall 2007-April 4, 2007

National Security Education Program, Fulbright-<http://us.fulbrightonline.org/home.html>

Student Fulbright Competition will open on May 1, 2007

Rotary International Ambassadorial Scholarship

http://www.rotary.org/foundation/educational/amb_scho/index.html, Deadlines: March 1, 2007-April 15 2007

Council on International Educational Exchange-<http://cice.org/study/scholarships.aspx>

Deadlines: April 1, 2007 (for summer, fall, and academic year programs), November 1, 2007(for winter, spring, and academic year programs)

Institute for the International Education of Students (IES)-https://www.iesabroad.org/IES/Students/Scholarships_and_Aid/financialAid.html

GENERAL SCHOLARSHIPS

SCHOLARSHIPS FOR AFRICAN AMERICANS

Black Excel-<http://www.blackexcel.org/link4.htm>

African American Scholarships-
<http://www.africanamericanscholarship.com>

NAACP: Scholarship Programs-http://www.naacp.org/inc/docs/education_scholarships_minorities.pdg

National Society of Black Engineers-
<http://www.nsbce.org/programs>

Science Research Scholarship awards-
<http://www.uncf.org/mcerck/programs/undergrd.htm>

SCHOLARSHIPS FOR ASIAN AMERICANS

Asian American Journalists Association-
<http://www.aaja.org/programs/awards>

South Asian Journalist Association-<http://www.saja.org/scholarships.html>

The Korean American Scholarship Foundation-
<http://www.kasf.org/>

SCHOLARSHIPS FOR LATINO/LATINA AMERICANS

The Association of Latino Professionals in Finance and Accounting-<http://www.alpfa.org/index.cfm?fuseaction=Page.viewPage&pageID=354>

The Congressional Hispanic Caucus Institute- <http://www.chci.org/chciyouth/scholarship/listofscholarships.htm>

Hispanic Alliance for Career Enhancement-
<http://www.hace-usa.org/programs/scholar.asp>

Hispanic Association of Colleges and Universities (HACU) and Laureate-<http://www.internationalscholarships.net>

Hispanic Scholarship Fund-<http://www.hsf.net>

League of United Latin American Citizens (LULAC) Scholarships-<http://www.lulac.org/Programs/Scholar.html>

Mexican American Legal Defense and Educational Fund-
<http://www.maldef.org/education/scholarships.htm>

National Association of Hispanic Nurses-
<http://www.thehispanicnurses.org>

State Farm Insurance-
<http://www.statefarm.com/foundati/hispanic.htm>

La Unidad Latina Foundation-
<http://www.foundation.launidadlatina.org/>

SCHOLARSHIPS FOR AMERICAN INDIANS

A Better Chance-http://www.abetterchance.org/ReferralOrgs&Resources/rescoll_native_schol1.htm

American Indian Science and Engineering Society-<http://www.indian-affairs.org>

The Cherokee Nation-<http://www.cherokee.org/servicesEducationService.asp?ID=190>

Friend of Hubbell-
<http://www.friendsofhubbell.org/Scholarships.htm>

FALL EVENTS UPDATES

1. Tuesday, September 6, 2006

Study Abroad Returnee Welcome Back Party

4:30pm-6:30pm, Stapleton Lounge

2. Friday, September 29, 2006

2006 Study Abroad Photo Contest

3. Monday, October 2, 2006

CWIL Grant Reflection Paper Due

4. November 13-17, 2006

International Education Week

5. Wednesday, October

Study Abroad Fair

4:00 pm-6:00 pm

Student Center

6. Monday, November 13, 2006

Intercultural Learning Showcase,

7:00 pm-8:30 pm, Stapleton Lounge

7. November 13, 2006

CWIL Fellow Panel: "International and Intercultural Education in the Classroom"

12:00 pm-1:00 pm, Mother Pauline Room, Library

8. Wednesday, November 15, 2006

Australia Program Information Session

5:30 pm-6:30 pm

West Wing, Noble Dining Hall

9. Thursday, November 16, 2006

Study Abroad Pre-Departure Orientation

7:00 pm-8:00 pm

Haggar Parlor

10. Friday, November 17, 2006

"Passions in Rome: Portia Prebys,

Director of Rome Program, on

AACUPI and Giorgio Bassani"

12:00 pm-1:00 pm, Stapleton Lounge, Le Mans Hall

11. Friday, November 17, 2006

International Charity Ball

7:30 pm-10:00 pm, Student Center

12. Monday, November 20, 2006

Study Abroad Pre-Departure Orientation Session

7:00 pm-8:00 pm

Haggar Parlor

13. Monday, January 29, 2007

CWIL Grant Application Due



STUDY ABROAD PHOTO CONTEST WINNERS 2006

Category One: Landscape and Scenic Beauty

1. Laura Lucci
2. Natalie Grasso
3. Rocky Krivda

Category Two: Saint Mary's College Students' Reflections on Study-Abroad

1. Rocky Krivda
2. Michelle Sherman
3. Katie Cosimano

Category Three: Interaction of Saint Mary's College Students with People in Host Country

1. Laura Lucci
2. Rocky Krivda
3. Natalie Grasso

Contest winners pictured in order of category. To the left: Laura Lucci, to the right: Rocky Krivda, on the following page: Laura Lucci.



HOW TO GREET WHILE ABROAD & IMMIGRATION AND CUSTOMS PROCEDURES

GREET IN SPANISH

Hola! - Hello!
 Bienvenidos! - Welcome!
 Como esta? - How are you? (Formal)
 Como estas? - How are you? (Informal)
 Como le va? - How is it going?
 Mucho Gusto! - Nice to meet you!
 Gracias! - Thanks!
 Hasta luego! - See you later!
 Adios! - Goodbye!
 Buenos Dias! - Good Morning!
 Buenas Tardes! - Good Afternoon!
 Buenas Noches! - Good Night!

GREET IN ITALIAN

Ciao! - Hi!
 Benevenute! - Welcome! (To a group of women)
 Come sta? - How are you? (Formal)
 Come stai? - How are you? (Informal)
 Come va? - How is it going?
 Piacere! - Nice to meet you!
 Grazie! - Thank you!
 Ci vediamo! - See you!
 Arrivederci! - Goodbye!
 Buongiorno! - Good morning!; Good afternoon!
 Buona Sera! - Good afternoon (after 3 pm), Good Evening!
 Buona Notte! Good night!

GREET IN FRENCH

Salut! - Hello!
 Bienvenue! - Welcome!
 Comment allez vous? - How are you? (Formal)
 Comment vas tu? - How are you? (Informal)
 Comment ça va? - How is it going?
 Enchanté(e)! - Nice to meet you! (male/female)
 Merci! - Thank you!
 A bientôt! - See you!
 Au revoir! - Goodbye!
 Bonjour! - Good morning!, Good afternoon (until 6 pm)!
 Buon soir! - Good evening!
 Bonne nuit! - Good night!

Return Transportation

You should confirm your return reservation at least twice, and at least 72 hours before your scheduled departure. Whenever possible, obtain a written confirmation. If you confirm your reservation by phone, record the time, day, and the name of the agent who took your call. If your name does not appear on the reservations list you have no recourse and may find yourself stranded.

Immigrations and Customs

If a passport was required for your trip, have it ready when you go through Immigration and Customs. Have your receipts handy, in case

Immigration and Customs cont'd.

you need to support your customs declaration. It is a good idea to pack your baggage in way to make inspection easier. For example, pack the articles you acquired abroad separately, if possible. Articles acquired abroad and brought back with you are subject to duty and Internal Revenue tax. U.S. customs currently allows each U.S. citizen to bring back \$400 dollars worth of merchandise duty free. The next \$1,000 dollars of items brought back for personal use or gifts are subject to duty at a 10% flat rate.

Restrictions

Fresh fruit, meat, vegetables, plants in soil, and many other agricultural products from abroad are prohibited entry into the United States because they may carry foreign insects and diseases that could damage U.S. crops, forests, gardens, and livestock. Other items may also be restricted, so it is advisable to be informed about such details before you return to the United States. The restrictions also apply to mailed products from overseas.

TRAVEL TIPS



10 TIPS YOU NEED TO MAKE YOUR TRIP A LOT EASIER:

1. Make sure you have a signed valid passport and visas, if required and fill in the emergency information page of your passport!
2. Read the Consular Information Sheets for the countries you plan to visit!
3. Familiarize yourself with local laws and customs of the countries to which you are traveling. Remember, the U.S. Constitution does not follow you! While in a foreign country, you are subject to its laws.
4. Make two copies of your passport identification page. This will facilitate replacement if your passport is lost or stolen. Leave one copy at home with friends or relatives. Carry the other with you in a separate place from your passport.
5. Leave a copy of your itinerary with family or friends at home so that you can be contacted in case of emergency.
6. Do not leave your luggage unattended in public areas. Do

not accept packages from strangers.

7. Prior to your departure you should register with the U.S. embassy or consulate through the State Department's travel registration website. Registration will make your presence and whereabouts known in case it is necessary to contact you in an emergency. In accordance with the Privacy Act, information on your welfare and whereabouts may not be released without your authorization. Remember to leave a detailed itinerary and the numbers of copies of your passport or the citizenship documents with a friend or relative in the United States.
8. To avoid being a target of crime, try not to wear conspicuous clothing and expensive jewelry and do not carry excessive amounts of money or unnecessary credit cards.
9. In order to avoid violating local laws, deal only with authorized agents when you exchange money or purchase art or antiques.
10. If you get in trouble, contact the nearest U.S. embassy.



NEW TSA SECURITY RULES/BANNED ITEMS

Since August 10th, 2006 the Travel Security Authority (TSA) has new restrictions on liquids that are carried on board the airliner.

- Passengers may bring liquid and gel products with them, as long as they are contained within a quart-sized Ziploc bag.
- Each individual container within the Ziploc bag may be no more than 3 ounces in capacity.
- These would be items such as shampoo, suntan lotion, creams, toothpaste, etc.
- Once a passenger has passed through the security screening they can purchase any size of liquid products in the terminal.

Items Banned From the Airline Cabin

The following items can be checked in some cases, check with the TSA if you are unsure.

- knives of any length or composition
- most cutting instruments (ex. box cutters)
- lighters, lighter fluid, strike-anywhere matches
- baseball/softball bats
- golf clubs
- pool cues
- ski poles
- hockey sticks

Luggage Checking Policies

Generally, most airlines now only allow two checked bags, weighing no more than 50 pounds. Policies do vary from country to country, however, so make sure to check the policy of your individual airline before you begin to pack!

OFFICIAL TRAVEL WARNINGS

Currently, the State Department recommends that Americans avoid travel in these countries. In addition to this list the State Department issues **Consular Information Sheets** for every country of the world with information of such matters as health conditions, crime, unusual currency or entry requirements, any areas of instability, and the location of the nearest U.S. embassy or consulate in the subject country.

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|-------------------------|------------------|------------------------|---------------|
| 1. Algeria | 11. Uzbekistan | 21. Philippines | 30. Indonesia |
| 2. Chad | 12. Lebanon | 22. Eritrea | |
| 3. Central African Rep. | 13. Israel | 23. Somalia | |
| 4. Syria | 14. Iraq | 24. Nepal | |
| 5. East Timor | 15. Nigeria | 25. Pakistan | |
| 6. Sri Lanka | 16. Kenya | 26. Bosnia-Herzegovina | |
| 7. Congo | 17. Haiti | 27. Liberia | |
| 8. Yemen | 18. Burundi | 28. Ivory Coast | |
| 9. Iran | 19. Saudi Arabia | 29. Colombia | |
| 10. Sudan | 20. Afghanistan | | |

See the following website for additional information: http://travel.state.gov/travel/cis_pa_tw/cis/cis_1765.html