



SAINT MARY'S
COLLEGE



Abroad Installments

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REASONS TO STUDY ABROAD:

- Personal Growth
- Resume Building for Professional Life &/or Grad School
- Language Acquisition
- Develop Intercultural Sensitivity
- Acquire a global perspective
- Meet interesting new people
- It's a once in a lifetime opportunity!!



Study Abroad Scholarships

Benjamin A. Gilman International Scholarship-<https://gilmanapplication.iie.org/>

Deadlines: Fall 2007– 3 April, 2007; Spring 2007– 26 September, 2007

Freeman-Asia Grant-<http://www.iie.org/programs/freeman-asia/>
Deadlines: Summer 2007-March 7, 2007; Fall 2007-April 4, 2007

National Security Education Program, Fulbright-<http://us.fulbrightonline.org/home.html>
Student Fulbright Competition will open on May 1, 2007

Rotary International Ambassadorial Scholarship
http://www.rotary.org/foundation/educational/amb_scho/index.html
Deadlines: March 1, 2007-April 15 2007

Council on International Educational Exchange-<http://ciee.org/study/scholarships.aspx>.
Deadlines: April 1, 2007 (for summer, fall, and academic year programs), November 1, 2007(for winter, spring, and academic year programs)

Institute for the International Education of Students (IES)-https://www.iesabroad.org/IES/Students/Scholarships_and_Aid/financialAid.html

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Study Abroad Updates



Policy for Leave for Non-Affiliated Study Abroad

Saint Mary's College sponsors a variety of study abroad programs. Some students find that their educational and personal goals can best be met by external programs that are not affiliated with Saint Mary's. If a student chooses to enroll in one of these external programs, she will take a **Leave for Non-Affiliated Study Abroad** from Saint Mary's, and not pay any tuition, room, or board to Saint Mary's. She will pay all program costs directly to the nonaffiliated program and arrange to meet all requirements and communication with that program. The student will also be responsible for communication directly with the Office of Academic Affairs & First Year Studies and the Office of International

& Intercultural Learning in addition to arranging all on campus reentry requirements. While her federal financial aid and federal loans will apply, her Saint Mary's College institutional aid and/or merit aid, and state awarded financial aid will not. The student should consult with the Financial Aid Offices for details. The student is responsible for requesting official documentation to go to the Office of the Registrar at Saint Mary's College. The program must be approved on the basis of location, accreditation, curricular fit, and safety & security. If the program is not approved, credit will not transfer.

For more information check out: http://www.saintmarys.edu/~cwil/php/intercultural_learning/study_abroad/documents/Leavefornon-affiliatedabroadprograms.pdf

2006-2007 Study Abroad @ SMC

Saint Mary's study abroad programs have encouraged the participation of 82 students for the Fall 2006 and 116 students for the Spring 2007. Students have studied throughout the world in Cordoba, Argentina; Fremantle, Australia; Innsbruck, Austria; Dijon, France; Maynooth, Ireland; Rome, Italy; Pietermaritzburg, South Africa; Seville, Spain; Mexico City, Mexico; and Poland to Prague.

New * New* New* New * New* CWIL is launching a new project coming soon—an online Study Abroad Journal for onsite study abroad students to share their life experience with other students on campus. Also, we welcome any students, program faculty coordinators, and on-site staff participating in Saint Mary's College study abroad programs to submit articles to the Study Abroad Newsletter— Abroad Installments.



CENTER FOR WOMEN'S
INTERCULTURAL LEADERSHIP
SAINT MARY'S COLLEGE
NOTRE DAME, INDIANA

Cultural Tips

- ◆ Travel in a spirit of humility and with a genuine desire to meet and talk with local people.
- ◆ Do not expect to find things as you have them at home . . . for you have left your home to find things different.
- ◆ Do not take anything too seriously . . . for an open mind is the beginning of a fine international experience.
- ◆ Do not let others get on your nerves . . . for you have come a long way to learn as much as you can, to enjoy the experience, and to be a good ambassador for your country.
- ◆ Do not worry . . . for one who worries has no pleasure.
- ◆ Read carefully the information in your Student Guide and from your program . . . those who have gone before you have good advice to share.
- ◆ Remember your passport so that you know where it is at all times . . . a person without a passport is a person without a country.
- ◆ Do not judge the people of a country by the one person with whom you have had trouble . . . for this is unfair to the people as a whole.
- ◆ You shall remember that you are a guest in every land . . . for one who treats a host with respect will be treated as an honored guest.
- ◆ Cultivate the habit of listening and observing, rather than merely seeing or hearing.
- ◆ Realize that other people may have thought patterns and concepts of time which are very different than yours -- not inferior, just different.
- ◆ Be aware of the feelings of local people to prevent what might be offensive behavior. For example, photography must be particularly respectful of persons.
- ◆ Make no promises to local, new friends that you cannot implement or carry through.
- ◆ Spend time reflecting on you daily experiences in order to deepen your understanding of your experiences

<http://www.cie.uci.edu/world/shock.html>

Symbols of Ireland



The Irish Leprechaun

One of the most famous characters associated with Ireland is that of the Irish Leprechaun, a magical character who is rich with gold and brings luck to those who capture him. For hundreds of years people all over Ireland have tried capturing Leprechauns for their gold and wishes but only a handful of Irish people are known to have achieved this for the Leprechaun is quick to hide himself from any human who may want his gold. Every year people from all over the world come to the Irish shores in hope of catching a glimpse of a Leprechaun, some folks have even had the luck in seeing one or two.



A common connection with the Irish Culture and Ireland would be that of the Irish dance, a tradition that has been followed for hundreds of years within

Ireland which was spread throughout the world during the huge migration of Irish people during the 'Great famine' in the 1800's. Today Irish dance has become more famous due to the tour of the hit show "The Riverdance" which still tours the world with sellout shows in almost every country. There are hundreds of Irish dance schools around the world and also hundreds of competitions taking place with the World Championship being the largest, a great way to find the best Irish dancer out there.



Christy Moore is one of many Irish folk singers and was born on May 7th 1945 in Newbridge, County Kildare. He has written and released many Irish folk songs

through-out the years and has performed with many talented artists such as Dominic Behan, Sinéad O' Connor, Shane McGowan plus many others. Christy Moore was also part of the Irish group Planxty that included very talented artists such as Paul Brady, Andy Irvine, Liam O' Flynn and Donal Lunny. The songs of Christy Moore are amazingly written with his lyrics about historic events, Irish folklore and even his own personal happy & sad experiences making his music very interesting for any listener.

<http://www.yourirish.com/>

Saint Patrick's Day: The Joy of Ireland



Saint Patrick's Day (March 17th) is celebrated worldwide by Irish people and increasingly by many of non-Irish descent. Celebrations generally revolve around all things green and Irish. Both Christians and non-Christians celebrate the secular version of the holiday by wearing green, eating Irish food, imbibing Irish drinks, and attending parades!

In the United States people celebrate Saint Patrick's day by wearing green and drinking at local bars. Traditionally, those caught not wearing green are pinched. Even some baseball teams such as Chicago White Sox

and Boston Red Sox wear green uniforms for the occasion. In addition, many parades are held to celebrate the holiday, including the New York Parade which has become the largest Saint Patrick's Day parade in the world, outside Ireland! In Ireland Saint Patrick's Day became a public holiday in 1903. In the recent past it was celebrated only as a religious holiday. In the mid-1990s the Irish government began a campaign to use Saint Patrick's Day to showcase Ireland culture and set up a group called Saint Patrick's Festival. The first Saint Patrick's Festival was

held on March 17, 1996. In 1997, it became a three-day event, by 2000 it was a four-day event, and by 2006 it was five days long. St. Patrick's Festival 2007 (March 15th-March 19th) If you want to get the best feel of how Ireland celebrates its national holiday, all SMC students who are studying abroad are welcome to join the big party in Dublin and celebrate in Irish style with five days and nights of fantastic celebratory events, most of which are free! <http://en.wikipedia.org>

Erin Scott and Her Experience Abroad

Erin Scott is a junior at SMC double-majoring in Humanistic Studies and a self-designed major in Anthropology and Literature. She studied for a semester in Ireland in the Fall 2006



and she is willing to share some of her experience with us.

What made you go to Ireland? I have always loved Ireland. It has been my dream to get to Ireland since I was at least ten years old.

What was the thing you like the most about Ireland? While in Ireland, I lived with three Irish students and one German student. What I like the most about Ireland is probably my relationship with my flat mate Ciara. We still talk all the time and miss each other terribly.

What was the thing that you missed the most from home?

I didn't get homesick until I was two months into the program. However, what I missed the most about the American culture were TV shows and laundry.

Can you please describe the Irish culture in a couple of words? The Irish culture is a juxtaposition of old and new. Ireland for the most part is still rural and traditional to a certain extent. It relies on agriculture and tourism which are two of the major industries. But at the same time, Ireland is making significant and very rapid steps into the 21st century. For instance, IT

development has star rocketed in the last 5 years. Dublin has several IT companies that didn't exist a couple of years ago. Maymooth implemented wireless in the apartments we were staying in. They are doing a lot to improve their communications infrastructure with their telephones and internet.

Is the Irish culture in Ireland different than the Irish culture in the States? There is an Irish stereotype in the US and this stereotype does resemble Irish culture, but it is mostly the outward signs that you see. You see similarities in food, music dance, art, stories, but the stereotype that we call Irish culture in the US is not the Irish culture that exists in Ireland.

Do you think that your study abroad experience will help your future career? Yes, my end goal is to work as a museum coordinator specifically with history, and I think that having seen different museums and different countries is a lot helpful. Also learning how people communicate will definitely impact my future jobs.

Can you identify any specific skills that you have acquired or developed during your abroad experience? I have developed a more easy-going attitude. There were some travel mishaps and you just learn to take it as it comes. I learned that trying new foods can be a lot of fun and really impresses the natives.

Did you get to travel to other countries while abroad? Yes, I went to Northern Ireland which is a separate country, a part of UK. I went to

London, and I also went to the Netherlands. In the Netherlands, I visited three different places. I flew in and out of Eindhoven, which is located in the southeastern part of the Netherlands. I stayed with my friend Jano. He lives in Almelo which is in the northeastern part. The Netherlands is tiny and you can get wherever you want for three hours. I also stayed two days in Amsterdam.

How would you describe your overall experience abroad? It was wonderful and I want to go back right now!

Do you have any suggestions or pieces of advice for future study abroad students? Don't over pack. I did not over pack. I was one of the very few people who did not, and I was very glad that I didn't. Also don't make a big deal of being an American, it doesn't entitle you to anything. However, it doesn't mean that you are a lesser person either.



International Holidays

March 8th



International Women's Day, a holiday celebrated world wide, honors working women and women's struggle everywhere.

Taught that women's place in history is relatively undistinguished, it should be a real source of pride and inspiration to American women to know that International Women's Day originated in honor of two all women strikes which took place in the U.S.

On March 8, 1857, garment workers in New York City marched and picketed, demanding improved working conditions, a ten hour day, and equal rights for women. Their ranks were broken up by the police. Fifty-one years later, March 8, 1908, their sisters in the needle trades in New York marched again, honoring the 1857 march, demanding the vote, and an end to sweatshops and child labor. The police were present on this occasion too.



In 1910 at the Second International, a world wide socialist party congress, German socialist Clara Zetkin proposed that

March 8th be proclaimed International Women's Day, to commemorate the US demonstrations and honor working women over the world. Zetkina renowned revolutionary theoretician who argued with Lenin on women's rights, was considered a grave threat to the European governments of her time; the Kaiser called her "the most dangerous sorceress in the empire."

<http://www.cwluherstory.com/CWLUArchive/interwomen.html>

<http://news.bbc.co.uk>

March 1st

In Bulgaria, March 1st marks the beginning of spring, and the month of March is personified as Baba Marta (Grandmother March), a hunched old woman whose unpredictable temper is



reflected in the changeable March weather.

On March 1st people wish each other "Chestita Baba Marta" (Happy Grandmother March) and give each other red and white woolen tassels for health and good luck.

http://www.geocities.com/bulgarian_martenitsa/The_Story_About_Bulgarian_Martenitsa.html

Saint Mary's College

CWIL

www.saintmarys/~cwil

14 Havican Hall

Notre Dame, IN 46556

Phone: 574-284-4263

CALL ANY TIME

E-mail:

syang@saintmarys.edu

dcarr@saintmary.edu

*Join the Dialogue on Diversity!
Diverse Students' Leadership Confer-
ence - March 1-3, 2007*



Diverse Students' Leadership Conference

Saint Mary's students, staff, faculty, alumnae, and friends are invited to participate in the Diverse Students' Leadership Conference, to be held from March 1-3 on campus. **The purpose of the conference is to explore the benefits and challenges of working within diverse academic, social, and professional settings.** Featuring workshops and an organizational expo, the conference will help participants to:

- Identify the challenges and underlying prejudices that exist in social institutions
- Develop the skills to transform the challenges of diversity into opportunities
Become empowered leaders who actively promote the advantages of diversity

<http://www.saintmarys.edu/%7Eculture/>

SMC Security
(24 hour hotline)
574-284-5000



Spring Break Safety Tips

- ◆ Make sure that your family and friends know your departure and arrival times, where you are staying, and the phone numbers of where to reach you. Set regular check-in times and always follow-through with them.
- ◆ Always keep your hotel door locked. Never open your door to strangers. You should always leave the hotel with friends, and never walk alone.
- ◆ Avoid over exposure to the sun. Use sunscreen (SPF of at least 15), sunglasses, and a hat. You should also drink plenty of water to avoid dehydration.
- ◆ Always make sure that you are dealing with a reputable travel agent. You should know exactly what you are paying for (hotel, transportation, and food).
- ◆ You should not assume that someone you have just met has your best interests at heart. Keep in mind that more people are sexually assaulted by acquaintances rather than by strangers.
- ◆ Avoid horseplay or reckless physical activities. Falls from balconies or railings can be fatal. Keep both feet on the ground.
- ◆ Plan ahead on how much you will drink, set a limit for yourself and a plan to follow-through with that plan. Talk to a friend about when that friend can help intervene and help you return to your hotel.
- ◆ If a friend feels sick, you should not leave them alone. And you should expect that your friends will look after you if you are sick. Set up a "buddy system".

2006 Study Abroad Photo Contest Winners



Rocky Krivda,
Great Wall, China



Katie Cosimano
Italy



Rocky Krivda
India