

# Inspirational Quotes used at Wellsprings 2005



1. We must learn to live together as brothers or perish together as fools. **Martin Luther King Jr.**
2. What are the words that you do not have? What do you need to say? .....for it is not difference which immobilizes us but silence. And there are so many silences to be broken. **Andre Lorde**
3. Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. **Unknown Author**
4. Where, after all, do universal human rights begin? In small places, close to home....  
**Eleanor Roosevelt**
5. How wonderful it is that nobody need wait a single moment before starting to improve the world. **Anne Frank**
6. The way you see people is how you treat them. How you treat people is what they become. **Goethe**
7. We have a beautiful mother  
Her green lap immense  
Her brown embrace eternal  
Her blue body everything we know  
**Alice Walker**

8. Without a sense of caring there is no sense of community. **Anthony JD' Angelo**
9. Always bear in mind that your own resolution to succeed is more important than any other thing. **Abraham Lincoln**
10. Although social change can not work overnight, we must work for it as though it were a possibility in the morning.  
**Dr. Martin Luther King Jr.**
11. A vision without action is just a dream. Action without a vision is merely a passing of time. But a vision with action can change the world. **Unknown Author**
12. The opposite of talking isn't listening. The opposite of talking is waiting. **Fran Lebowitz**
13. Never discourage anyone.... who continually make progress, no matter how slow.  
**Plato**
14. ... Leadership development is a process of self development. **James Kouzes & Barry Posner**
15. Only those who will risk going too far can possibly find out how far one can go.  
**T.S.Eliot**
16. The light which experience gives is a lantern on the stern, which shines only on the waves behind us. **Samuel Taylor Coleridge 1835**
17. Everything flows and nothing stays... You cannot step twice into the same river.  
**Heraclitus c. 540-c480 BCE**
18. Wisdom calls aloud in the streets. She raises her voice in the public squares; she calls out at the street corners, she delivers her message at the city gates. **Proverbs 1:20-21**

19. I offer you this prayer for all the difficulties in relationships in our lives; God, grant me the serenity to accept the people that I can not change, the courage to change the person I can , and the wisdom to know that person is me. **Mary Manin Morrissey**
20. When I despair, I remember that all through history the ways of truth and love have always won. There have been tyrants, and murderers, and for a time they can seem invincible, but in the end they always fall. Think of it always. **Mahatma Gandhi**
21. The only thing I regret is that I was too well behaved. **Frances Moore Lappe**
22. There are two ways to spread the light: To be the candle or the mirror that reflect it. **Edith Wharton**
- 23.... Seek first to understand, then to be understood. **Stephen Convey**
24. Our doubts are traitors and make us lose the good we often might win, by fearing to attempt. **Jane Addams**
25. We must travel in the direction of our fear. **J. Berryman 1942**
26. Freedom is actually a bigger game than power. Power is about what you can control. Freedom is about what you can unleash. **Harriet Rubin**
27. I learned early on that if change is to occur, one must be willing to think and do the unthinkable. **Toni Morrison**
28. Help us be ever faithful gardeners of the spirit who know that without darkness nothing comes to birth, and without light nothing flowers. **Mary Sarton**
29. Have the courage to make your voice be heard when the song is ready. **Bernice Johnson Reagan**
30. Without leaps of imagination or dreaming, we lose the excitement of possibilities. Dreaming, after, all is a form of planning. **Gloria Steinem**

31. For whom much is given, much is required. (Luke 12:48) The greatest among you must also be your greatest servant. (Matthew 20:24) Love your neighbor as you do yourself (Matthew 22:39) give and you shall receive (Mark 4:24)

32. Our vocation is to become more fully human. Paulo Friere

33. Everything flows and nothing stays... You can not step twice into the same river.  
Heraclitus c. 540-c480 BCE

34. Where, after all, do universal human rights begin? In small places, close to home...  
Eleanor Roosevelt

35. How wonderful it is that nobody need wait a single moment before starting to improve the world. Anne Frank

Wellsprings 2005 Participants' Additions:

We can do what we think we can do.

What we think about is what we bring about.